

LUNCH MENU - WEEK 4

WEEKS COMMENCING: 28TH SEPT, 26TH OCT, 23RD NOV

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Carrot & Coriander Soup	Watercress Soup	Celeriac & Blue Cheese Soup	Beetroot & Pumpkin Soup	Cream of Tomato Soup	Butternut Squash Soup	
Bread Rolls	Petit Pain	Brown & White Crusty Rolls	Petit Pain	Brown & White Crusty Rolls	Petit Pain FISH FRIDAY	Brown & White Crusty Rolls	
Main Meat Dish	Dijon Chicken with Mushrooms	Poached Salmon with Herb and Lemon Hollandaise	Roast Loin of Pork with Apple Sauce	Spicy Sausage Pilaff	A Selection of Fresh Fish	Sweet Chilli Chicken with Garlic, Lemon & Coriander	
Main Vegetarian Dish	Mediterranean Roasted Halloumi	Lemon Grass & Tofu Fritters	Cheesy Carrot Bake	Roasted Vegetable Pilaff	Spelt, Barley & Squash Risotto	Vegetable Chow Mein	
Main Pasta Dish	Fusilli with Tomato & Basil Sauce or 3 Cheese Sauce	Spaghetti Piemontesi	Chilli Chicken Pasta with Red Pesto Sauce	Courgette, Bacon & Parmesan Pasta with Crème Fraiche	Quorn Steak Strip & Mushroom Stroganoff with Tarragon & Tagliatelle	Penne with Roasted Red Pepper Sauce or Smoked Salmon & Asparagus Cream Sauce	
Side Dishes	Croquette Potatoes	New Potatoes	Roast Potatoes	Tenderstem Broccoli	Chunky Chips	Rice Noodles	
	Green Vegetable Medley	Asparagus	Mashed Swede	Sour Cream	Garden Peas	Pak Choi	
		Roasted Vine tomatoes	Green Beans			Baby Corn	
Salad Bar	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	A selection of Freshly made Salads	
Filled Jackets	Chicken Tikka	Tuna Mayonnaise	Sour Cream & Chives	Seafood Sticks in Lemon Mayonnaise	Double Cheese & Onion	Chicken, Bacon & Sweetcorn Mayonnaise	
	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	Grated Mature Cheddar and Baked Beans	
Delicious Desserts	Plum Upside Cake with Custard	Manchester Tart with Cream	Apple & Strawberry Cobbler & Custard	Black Forest Gateau	Lemon Meringue Pie	Tropical Fruit Salad	
Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	A selection of Seasonal Whole & Cut Fruit	

Brunch